

os	rsal	Nombre	Tiempo													
U-12 O-Pie (10)				3,0 km 70 m			16 C			<i>(cont.)</i>						
				1(90)	2(51)	3(54)	4(55)	5(56)	6(57)	7(86)	8(73)	9(87)	10(75)	11(59)	12(53)	13(52)
				14(50)	15(89)	16(100)	Meta									
5	278	ALEJANDRO PEREZ Madrid MONTE_EL_P	44:09	8:29	9:52	10:51	12:10	14:08	19:27	22:12	24:54	26:47	29:57	32:05	37:03	38:26
				8:29	1:23	0:59	1:19	1:58	5:19	2:45	2:42	1:53	3:10	2:08	4:58	1:23
				40:59	42:27	43:58	44:09									
				2:33	1:28	1:31	0:11									
6	194	Víctor Muñoz Martín- Toledo TOLEDO-O	46:12	10:19	12:29	13:36	15:34	17:39	21:21	24:46	28:31	30:46	33:24	36:48	38:59	40:27
				10:19	2:10	1:07	1:58	2:05	3:42	3:25	3:45	2:15	2:38	3:24	2:11	1:28
				43:27	44:36	45:56	46:12									
				3:00	1:09	1:20	0:16									
7	18	Martina Hortal Media	52:46	6:24	8:42	10:13	12:10	14:54	21:25	24:07	28:09	30:32	34:59	40:02	43:10	45:34
				6:24	2:18	1:31	1:57	2:44	6:31	2:42	4:02	2:23	4:27	5:03	3:08	2:24
				50:29	51:25	52:34	52:46									
				4:55	0:56	1:09	0:12									
8	274	Hugo Gil Domíngue Madrid MALARRUTA	56:40	2:41	19:33	21:07	23:22	26:46	28:13	31:17	39:20	41:14	43:40	46:01	47:44	49:28
				2:41	16:52	1:34	2:15	3:24	1:27	3:04	8:03	1:54	2:26	2:21	1:43	1:44
				52:59	54:15	56:03	56:40									
				3:31	1:16	1:48	0:37									
9	264	Daniel González Sol Madrid COLMENAR	57:49	3:05	8:20	9:20	11:26	14:33	21:32	27:16	32:15	35:34	40:38	44:22	49:09	51:06
				3:05	5:15	1:00	2:06	3:07	6:59	5:44	4:59	3:19	5:04	3:44	4:47	1:57
				55:17	56:05	57:37	57:49									
				4:11	0:48	1:32	0:12									
10	207	FABIOLA LANZAS LÓ Madrid ALABARDA-O	59:55	6:13	9:15	11:20	13:26	16:33	23:36	29:10	34:14	37:28	42:35	46:24	51:13	53:12
				6:13	3:02	2:05	2:06	3:07	7:03	5:34	5:04	3:14	5:07	3:49	4:49	1:59
				57:19	58:11	59:41	59:55									
				4:07	0:52	1:30	0:14									
F-14 O-Pie (2)				3,2 km 85 m			16 C									
				1(90)	2(51)	3(54)	4(55)	5(56)	6(64)	7(86)	8(73)	9(87)	10(75)	11(59)	12(57)	13(61)
				14(53)	15(89)	16(100)	Meta									
1	139	Aruma Sebastián Ro Madrid O-GETAFE	57:09	2:32	4:47	8:21	10:44	13:05	17:15	22:29	26:29	28:04	32:47	38:01	43:46	47:49
				2:32	2:15	3:34	2:23	2:21	4:10	5:14	4:00	1:35	4:43	5:14	5:45	4:03
				51:30	55:24	56:59	57:09									
				3:41	3:54	1:35	0:10									
	218	Inés Lastra Asanza Madrid O-CHARLIES	No sale													
M-14 O-Pie (5)				3,2 km 85 m			16 C									
				1(90)	2(51)	3(54)	4(55)	5(56)	6(64)	7(86)	8(73)	9(87)	10(75)	11(59)	12(57)	13(61)
				14(53)	15(89)	16(100)	Meta									
1	238	ROBERTO GONZALE	30:43	1:15	2:36	3:27	4:42	6:19	8:17	10:53	13:20	14:40	16:38	18:44	21:53	25:34
				1:15	1:21	0:51	1:15	1:37	1:58	2:36	2:27	1:20	1:58	2:06	3:09	3:41
				27:09	29:28	30:33	30:43		20:59							
				1:35	2:19	1:05	0:10		*62							
2	193	Hugo Muñoz Martín- Toledo TOLEDO-O	33:39	2:05	3:23	4:12	5:26	7:22	9:45	12:26	14:40	15:57	17:58	20:55	23:55	26:34
				2:05	1:18	0:49	1:14	1:56	2:23	2:41	2:14	1:17	2:01	2:57	3:00	2:39
				28:11	32:11	33:30	33:39		30:19							
				1:37	4:00	1:19	0:09		*83							
3	267	Andres Vnuk Gonzal Madrid ALABARDA-O	39:35	1:09	3:28	4:49	6:28	8:17	10:37	13:27	15:30	16:38	19:25	21:14	24:28	32:09
				1:09	2:19	1:21	1:39	1:49	2:20	2:50	2:03	1:08	2:47	1:49	3:14	7:41
				35:38	38:20	39:26	39:35		26:05							
				3:29	2:42	1:06	0:09		*56							
	25	Aral Combarro Kayik r en tarj. Madrid GOCAN		6:26	7:51	9:10	11:18	14:41	28:51	39:11	44:20	52:53	57:17	1:01:56	-----	-----
				6:26	1:25	1:19	2:08	3:23	14:10	10:20	5:09	8:33	4:24	4:39		
				-----	1:16:45	1:18:10	1:18:28									
					14:49	1:25	0:18									
	198	Iago Perdiguer Lope Madrid COLMENAR	No sale													
F-16 O-Pie (4)				5,2 km 145 m			18 C									
				1(60)	2(62)	3(56)	4(67)	5(68)	6(73)	7(74)	8(76)	9(70)	10(69)	11(71)	12(85)	13(64)
				14(61)	15(52)	16(83)	17(50)	18(100)	Meta							
1	79	Elisa Rivera Alonso Toledo TOLEDO-O	1:03:02	4:30	7:09	8:54	14:25	17:26	23:50	28:14	30:02	32:08	33:26	37:15	44:03	46:51
				4:30	2:39	1:45	5:31	3:01	6:24	4:24	1:48	2:06	1:18	3:49	6:48	2:48
				55:45	57:14	59:42	1:00:51	1:02:50	1:03:02							
				8:54	1:29	2:28	1:09	1:59	0:12							
2	301	Ana MORENO JIMEN Toledo TOLEDO-O	1:12:45	5:20	12:20	14:52	21:24	22:45	28:41	33:43	35:41	38:28	39:43	43:48	49:56	55:06
				5:20	7:00	2:32	6:32	1:21	5:56	5:02	1:58	2:47	1:15	4:05	6:08	5:10
				1:02:57	1:05:33	1:08:27	1:10:06	1:12:32	1:12:45							
				7:51	2:36	2:54	1:39	2:26	0:13							
3	130	Antía Cobas Prado Madrid GOCAN	1:47:45	7:54	10:20	12:07	26:31	28:16	33:02	39:41	41:50	45:05	46:38	52:04	57:05	1:27:34
				7:54	2:26	1:47	14:24	1:45	4:46	6:39	2:09	3:15	1:33	5:26	5:01	30:29
				1:37:08	1:39:03	1:43:18	1:44:48	1:47:30	1:47:45							
				9:34	1:55	4:15	1:30	2:42	0:15							

os	rsal	Nombre	Tiempo													
M-21A O-Pie (9)				6,3 km 170 m			18 C			<i>(cont.)</i>						
				1(60)	2(67)	3(84)	4(73)	5(72)	6(70)	7(76)	8(77)	9(80)	10(81)	11(82)	12(79)	13(78)
				14(58)	15(62)	16(63)	17(91)	18(100)	Meta							
4	50	Juan Jose Peces Mor Toledo TOLEDO-O	1:01:37	6:52	13:03	14:52	18:05	19:18	22:29	25:28	27:11	30:36	32:21	34:55	36:33	38:46
				6:52	6:11	1:49	3:13	1:13	3:11	2:59	1:43	3:25	1:45	2:34	1:38	2:13
				52:18	53:38	56:42	59:42	1:01:26	1:01:37							
				13:32	1:20	3:04	3:00	1:44	0:11							
5	123	Jose Miguel Mesas M Cuenca COMCU	1:08:18	7:28	13:57	15:37	19:27	21:37	24:47	27:27	28:59	31:15	33:13	35:37	37:09	39:06
				7:28	6:29	1:40	3:50	2:10	3:10	2:40	1:32	2:16	1:58	2:24	1:32	1:57
				57:33	59:26	1:03:08	1:06:22	1:08:04	1:08:18							
				18:27	1:53	3:42	3:14	1:42	0:14							
6	57	Adrian Guerreiro Lo Madrid GOCAN	1:11:07	4:09	14:28	19:29	23:20	24:27	27:33	30:59	32:35	35:38	37:45	40:13	41:33	43:56
				4:09	10:19	5:01	3:51	1:07	3:06	3:26	1:36	3:03	2:07	2:28	1:20	2:23
				55:06	56:16	1:00:43	1:09:20	1:10:56	1:11:07			15:25				
				11:10	1:10	4:27	8:37	1:36	0:11			*68				
7	9	Adrian Ureta de Pedr Madrid IBERIA	1:16:29	4:51	19:58	21:38	25:23	26:50	30:31	34:19	36:20	39:28	42:09	46:48	48:53	51:49
				4:51	15:07	1:40	3:45	1:27	3:41	3:48	2:01	3:08	2:41	4:39	2:05	2:56
				1:04:07	1:05:13	1:11:08	1:14:28	1:16:17	1:16:29							
				12:18	1:06	5:55	3:20	1:49	0:12							
8	77	Iván Ramos Abelaira Orense TREVINCA	1:27:36	4:17	23:27	25:31	29:26	31:34	35:48	41:10	42:51	50:29	54:17	57:10	1:00:33	1:03:29
				4:17	19:10	2:04	3:55	2:08	4:14	5:22	1:41	7:38	3:48	2:53	3:23	2:56
				1:14:01	1:18:28	1:22:21	1:25:52	1:27:26	1:27:36							
				10:32	4:27	3:53	3:31	1:34	0:10							
9	37	Carlos Gil Morales Madrid COLMENAR	1:29:47	4:44	14:05	16:00	20:39	22:27	26:52	31:36	33:19	37:37	40:18	43:43	55:00	1:02:00
				4:44	9:21	1:55	4:39	1:48	4:25	4:44	1:43	4:18	2:41	3:25	11:17	7:00
				1:15:29	1:17:23	1:22:57	1:27:17	1:29:24	1:29:47							
				13:29	1:54	5:34	4:20	2:07	0:23							
F-E O-Pie (8)				6,3 km 170 m			18 C									
				1(60)	2(67)	3(84)	4(73)	5(72)	6(70)	7(76)	8(77)	9(80)	10(81)	11(82)	12(79)	13(78)
				14(58)	15(62)	16(63)	17(91)	18(100)	Meta							
1	172	Cristina Otero Domí Zaragoza IBON ZARA	52:14	3:34	9:37	11:13	15:00	16:06	19:03	21:51	23:15	25:52	27:42	30:01	32:39	35:13
				3:34	6:03	1:36	3:47	1:06	2:57	2:48	1:24	2:37	1:50	2:19	2:38	2:34
				43:30	44:23	47:16	50:43	52:03	52:14							
				8:17	0:53	2:53	3:27	1:20	0:11							
2	72	Blanca Perez Garcia Madrid COLMENAR	54:00	4:23	11:59	13:41	17:13	18:47	21:42	24:22	26:00	28:46	30:31	32:46	34:14	36:14
				4:23	7:36	1:42	3:32	1:34	2:55	2:40	1:38	2:46	1:45	2:15	1:28	2:00
				45:13	46:11	49:05	52:08	53:50	54:00							
				8:59	0:58	2:54	3:03	1:42	0:10							
3	191	Anna Burganova Bur	54:02	3:20	11:36	12:52	16:03	17:25	20:15	23:09	24:36	26:56	29:00	31:26	32:54	34:51
				3:20	8:16	1:16	3:11	1:22	2:50	2:54	1:27	2:20	2:04	2:26	1:28	1:57
				43:39	46:25	49:28	52:12	53:47	54:02							
				8:48	2:46	3:03	2:44	1:35	0:15							
4	244	Sandra Aguilera San Madrid COLMENAR	59:49	3:55	11:27	12:55	16:50	18:48	22:19	25:43	27:19	29:51	32:00	34:50	36:15	39:07
				3:55	7:32	1:28	3:55	1:58	3:31	3:24	1:36	2:32	2:09	2:50	1:25	2:52
				49:54	50:45	54:16	58:07	59:38	59:49							
				10:47	0:51	3:31	3:51	1:31	0:11							
5	214	Mª Eugenia Moreno Madrid RUMBO MAD	1:03:10	3:58	12:44	14:18	17:32	19:11	22:47	26:09	28:11	31:01	33:08	35:21	36:48	39:34
				3:58	8:46	1:34	3:14	1:39	3:36	3:22	2:02	2:50	2:07	2:13	1:27	2:46
				53:50	54:42	57:54	1:01:33	1:02:58	1:03:10							
				14:16	0:52	3:12	3:39	1:25	0:12							
6	189	Elena Rojas Jiménez Madrid ALABARDA-O	1:04:49	4:59	12:38	15:33	19:27	20:43	24:19	28:18	30:04	32:54	34:49	37:20	39:01	41:39
				4:59	7:39	2:55	3:54	1:16	3:36	3:59	1:46	2:50	1:55	2:31	1:41	2:38
				53:55	55:29	59:49	1:02:56	1:04:36	1:04:49			14:32				
				12:16	1:34	4:20	3:07	1:40	0:13			*68				
7	142	Andrea Viqueira Madrid MALARRUTA	1:08:59	4:51	14:21	16:30	20:44	22:13	26:02	29:37	31:26	34:52	37:25	40:24	42:08	45:15
				4:51	9:30	2:09	4:14	1:29	3:49	3:35	1:49	3:26	2:33	2:59	1:44	3:07
				55:51	57:17	1:02:21	1:06:21	1:08:44	1:08:59			28:24				
				10:36	1:26	5:04	4:00	2:23	0:15			*88				
8	113	María José Martín Igl Madrid MALARRUTA	1:12:16	4:39	16:04	18:49	22:29	24:08	27:40	31:13	32:52	36:02	38:11	41:56	43:28	45:56
				4:39	11:25	2:45	3:40	1:39	3:32	3:33	1:39	3:10	2:09	3:45	1:32	2:28
				57:17	58:44	1:04:52	1:09:46	1:11:55	1:12:16							
				11:21	1:27	6:08	4:54	2:09	0:21							
M-E O-Pie (14)				7,3 km 180 m			20 C									
				1(61)	2(72)	3(68)	4(66)	5(65)	6(84)	7(70)	8(71)	9(74)	10(80)	11(81)	12(82)	13(79)
				14(78)	15(77)	16(73)	17(58)	18(63)	19(91)	20(100)	Meta					
1	290	Borja Álvarez Muñoz Madrid ESCONDITE-	45:33	2:59	7:12	10:18	11:54	13:12	16:01	17:50	19:51	21:10	25:44	27:02	28:46	29:56
				2:59	4:13	3:06	1:36	1:18	2:49	1:49	2:01	1:19	4:34	1:18	1:44	1:10
				31:29	33:03	37:22	39:47	42:01	44:11	45:23	45:33		15:24			
				1:33	1:34	4:19	2:25	2:14	2:10	1:12	0:10		*68			
2	173	Maikel Rodriguez Do Pontevedra VIGORien	46:02	2:52	6:38	10:00	11:26	12:38	15:15	16:53	18:36	19:43	23:56	25:28	27:04	29:06
				2:52	3:46	3:22	1:26	1:12	2:37	1:38	1:43	1:07	4:13	1:32	1:36	2:02
				30:25	31:48	36:53	39:24	42:31	44:41	45:53	46:02					
				1:19	1:23	5:05	2:31	3:07	2:10	1:12	0:09					
3	259	Santiago Jiménez M Madrid GOCAN	46:09	3:13	7:25	10:10	12:06	13:21	16:00	17:53	19:49	21:08	25:29	26:50	28:41	29:53
				3:13	4:12	2:45	1:56	1:15	2:39	1:53	1:56	1:19	4:21	1:21	1:51	1:12
				31:24	32:51	37:14	40:15	42:33	44:41	45:58	46:09					
				1:31	1:27	4:23	3:01	2:18	2:08	1:17	0:11					

os	rsal	Nombre	Tiempo														
M-E O-Pie (14)				7,3 km 180 m			20 C			(cont.)							
				1(61)	2(72)	3(68)	4(66)	5(65)	6(84)	7(70)	8(71)	9(74)	10(80)	11(81)	12(82)	13(79)	
				14(78)	15(77)	16(73)	17(58)	18(63)	19(91)	20(100)	Meta						
4	166	Raul Prada San Martí Madrid GOCAN	48:29	2:55	7:47	10:52	12:32	14:14	16:58	18:54	20:55	22:17	26:30	28:33	30:41	32:08	
				2:55	4:52	3:05	1:40	1:42	2:44	1:56	2:01	1:22	4:13	2:03	2:08	1:27	
				33:52	35:28	39:31	42:19	44:45	47:15	48:21	48:29						
				1:44	1:36	4:03	2:48	2:26	2:30	1:06	0:08						
5	247	Francisco Leiva Cár Cuenca ORIENTIJOT	54:06	3:29	8:22	12:04	15:07	16:31	19:22	21:26	23:37	24:48	28:59	30:29	32:13	33:59	
				3:29	4:53	3:42	3:03	1:24	2:51	2:04	2:11	1:11	4:11	1:30	1:44	1:46	
				36:31	38:10	42:44	46:06	49:56	52:34	53:54	54:06	20:32	42:01	46:46			
				2:32	1:39	4:34	3:22	3:50	2:38	1:20	0:12	*69	*72	*62			
6	26	Juan Combarro Gall La Coruña OP BETA	55:34	6:03	10:39	13:38	15:32	16:55	19:44	21:46	24:14	25:33	30:10	32:16	34:11	35:29	
				6:03	4:36	2:59	1:54	1:23	2:49	2:02	2:28	1:19	4:37	2:06	1:55	1:18	
				37:16	39:18	43:37	46:32	50:56	53:53	55:21	55:34						
				1:47	2:02	4:19	2:55	4:24	2:57	1:28	0:13						
7	273	Carlos Gil Rodríguez Madrid MALARRUTA	56:24	9:10	13:06	15:57	17:46	19:04	21:25	23:11	25:16	26:35	31:29	33:10	34:52	36:05	
				9:10	3:56	2:51	1:49	1:18	2:21	1:46	2:05	1:19	4:54	1:41	1:42	1:13	
				37:58	39:26	43:35	46:16	52:12	54:41	56:12	56:24						
				1:53	1:28	4:09	2:41	5:56	2:29	1:31	0:12						
8	169	Francisco Jose Rubi Ávila Ultra Maximus	1:00:11	3:59	9:21	13:03	15:52	17:21	20:46	22:53	25:12	26:38	31:39	33:17	35:28	36:52	
				3:59	5:22	3:42	2:49	1:29	3:25	2:07	2:19	1:26	5:01	1:38	2:11	1:24	
				38:52	40:33	47:02	52:21	55:42	58:32	1:00:01	1:00:11						
				2:00	1:41	6:29	5:19	3:21	2:50	1:29	0:10						
9	68	Jose Antonio Gomez Murcia MURCIA-O	1:01:56	3:05	14:08	17:25	19:05	21:52	24:54	26:57	31:03	32:19	37:14	38:45	41:36	42:59	
				3:05	11:03	3:17	1:40	2:47	3:02	2:03	4:06	1:16	4:55	1:31	2:51	1:23	
				44:57	46:41	51:27	54:14	57:20	1:00:23	1:01:45	1:01:56						
				1:58	1:44	4:46	2:47	3:06	3:03	1:22	0:11						
10	226	Ismael Serrano Moli Madrid ESCONDITE-	1:07:20	3:47	9:56	20:57	23:19	25:02	28:22	30:36	33:06	34:31	40:27	42:27	44:43	46:17	
				3:47	6:09	11:01	2:22	1:43	3:20	2:14	2:30	1:25	5:56	2:00	2:16	1:34	
				48:09	50:00	54:53	59:29	1:02:30	1:05:26	1:07:07	1:07:20						
				1:52	1:51	4:53	4:36	3:01	2:56	1:41	0:13						
11	80	Ángel Calle Cruz Madrid GOCAN	1:17:49	6:07	15:04	19:23	22:03	24:19	30:18	33:05	35:56	37:23	43:00	45:08	47:55	49:38	
				6:07	8:57	4:19	2:40	2:16	5:59	2:47	2:51	1:27	5:37	2:08	2:47	1:43	
				52:34	55:15	1:02:12	1:08:21	1:12:40	1:16:03	1:17:35	1:17:49						
				2:56	2:41	6:57	6:09	4:19	3:23	1:32	0:14						
12	34	Martin de la Herran Madrid GOCAN	1:24:46	4:44	15:22	19:19	23:34	26:06	29:48	32:41	36:21	37:54	44:33	47:26	50:30	52:18	
				4:44	10:38	3:57	4:15	2:32	3:42	2:53	3:40	1:33	6:39	2:53	3:04	1:48	
				55:11	57:28	1:04:30	1:10:04	1:18:44	1:22:36	1:24:33	1:24:46						
				2:53	2:17	7:02	5:34	8:40	3:52	1:57	0:13						
157		JOAQUIN CASTRO PI r en tarj. Madrid COLMENAR		3:49	8:59	12:41	19:28	20:48	24:06	26:41	29:54	31:48	38:29	40:20	43:27	44:59	
				3:49	5:10	3:42	6:47	1:20	3:18	2:35	3:13	1:54	6:41	1:51	3:07	1:32	
				47:03	48:55	54:46	-----	1:02:02	1:05:14	1:06:46	1:06:59	58:09					
				2:04	1:52	5:51	-----	7:16	3:12	1:32	0:13	*62					
223		Adrián Rubio Alonso bandona Madrid MALARRUTA		3:57	8:18	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				3:57	4:21	-----	-----	-----	-----	-----	-----	37:53					
				-----	-----	-----	-----	-----	-----	-----	29:35						
F-35 O-Pie (13)				5,3 km 150 m			17 C										
				1(60)	2(64)	3(66)	4(85)	5(84)	6(69)	7(92)	8(76)	9(88)	10(78)	11(77)	12(92)	13(72)	
				14(57)	15(58)	16(91)	17(100)	Meta									
1	1	Monica Martin Ferná Madrid YELMO-O	1:01:02	4:03	10:32	13:52	15:28	20:29	22:03	27:36	31:47	32:33	36:11	38:44	44:48	45:55	
				4:03	6:29	3:20	1:36	5:01	1:34	5:33	4:11	0:46	3:38	2:33	6:04	1:07	
				52:15	54:55	59:03	1:00:49	1:01:02									
				6:20	2:40	4:08	1:46	0:13									
2	153	Susana Gómez Martí Cuenca ORIENTIJOT	1:01:23	4:27	8:42	18:34	26:16	28:15	31:15	35:28	39:23	40:02	42:27	44:38	48:44	49:54	
				4:27	4:15	9:52	7:42	1:59	3:00	4:13	3:55	0:39	2:25	2:11	4:06	1:10	
				53:32	55:28	59:29	1:01:06	1:01:23									
				3:38	1:56	4:01	1:37	0:17									
3	133	Marisol Gutiérrez Sá Granada VELETA	1:02:34	4:42	16:40	20:48	22:27	25:33	27:01	32:49	37:05	37:50	40:15	43:01	47:36	48:53	
				4:42	11:58	4:08	1:39	3:06	1:28	5:48	4:16	0:45	2:25	2:46	4:35	1:17	
				53:04	55:22	1:00:26	1:02:21	1:02:34	24:39	53:46							
				4:11	2:18	5:04	1:55	0:13	*68	*62							
4	164	Dolores Fernández Madrid RUMBO MAD	1:04:09	5:04	16:03	20:16	21:56	27:38	29:09	33:40	39:16	40:02	42:44	45:01	49:18	50:49	
				5:04	10:59	4:13	1:40	5:42	1:31	4:31	5:36	0:46	2:42	2:17	4:17	1:31	
				56:09	57:43	1:01:58	1:03:57	1:04:09									
				5:20	1:34	4:15	1:59	0:12									
5	32	Ainhoa Sánchez Ofic Madrid NAVALCARNE	1:10:27	3:54	10:13	14:22	16:06	18:40	20:01	32:29	36:10	36:48	38:42	40:48	45:25	49:41	
				3:54	6:19	4:09	1:44	2:34	1:21	12:28	3:41	0:38	1:54	2:06	4:37	4:16	
				1:00:48	1:03:37	1:08:18	1:10:13	1:10:27									
				11:07	2:49	4:41	1:55	0:14	*62								
6	71	Cristina Saez Perez Alicante UNIVERSIDA	1:12:19	4:45	10:35	16:15	17:43	21:11	23:15	29:52	35:30	36:27	39:16	42:15	48:03	49:39	
				4:45	5:50	5:40	1:28	3:28	2:04	6:37	5:38	0:57	2:49	2:59	5:48	1:36	
				1:01:13	1:03:48	1:10:08	1:12:06	1:12:19									
				11:34	2:35	6:20	1:58	0:13									
7	261	María Coloma Peñate Madrid GOCAN	1:21:09	4:21	10:47	15:03	17:07	20:43	22:46	28:21	45:07	45:59	48:22	51:45	57:08	58:30	
				4:21	6:26	4:16	2:04	3:36	2:03	5:35	16:46	0:52	2:23	3:23	5:23	1:22	
				1:07:13	1:09:44	1:18:42	1:20:51	1:21:09									
				8:43	2:31	8:58	2:09	0:18	*62								

os	rsal	Nombre	Tiempo			5,3 km 150 m		17 C		(cont.)						
				1(60)	2(64)	3(66)	4(85)	5(84)	6(69)	7(92)	8(76)	9(88)	10(78)	11(77)	12(92)	13(72)
				14(57)	15(58)	16(91)	17(100)	Meta								
F-35 O-Pie (13)																
8	250	Piedad Mesonero Gu Guadalajara C.O.GU	1:21:12	4:39	9:55	15:07	26:25	29:45	31:27	38:41	44:03	44:59	47:47	50:14	56:08	57:57
				4:39	5:16	5:12	11:18	3:20	1:42	7:14	5:22	0:56	2:48	2:27	5:54	1:49
				1:03:02	1:07:57	1:18:36	1:20:56	1:21:12		1:04:09	1:06:23					
				5:05	4:55	10:39	2:20	0:16		*62	*62					
9	184	María Manzano Mohe Madrid ESCONDITE-	1:23:07	5:05	11:55	16:26	21:55	25:49	28:04	35:25	43:24	47:30	50:31	53:24	59:16	1:01:16
				5:05	6:50	4:31	5:29	3:54	2:15	7:21	7:59	4:06	3:01	2:53	5:52	2:00
				1:07:58	1:12:14	1:20:22	1:22:51	1:23:07		24:38	1:10:34					
				6:42	4:16	8:08	2:29	0:16		*68	*62					
10	53	Miriam Santamaría Vi Madrid COLMENAR	1:32:34	5:04	15:39	22:29	23:58	27:20	29:05	36:25	44:41	45:25	47:56	50:27	55:59	57:23
				5:04	10:35	6:50	1:29	3:22	1:45	7:20	8:16	0:44	2:31	2:31	5:32	1:24
				1:03:38	1:05:57	1:30:11	1:32:21	1:32:34								
				6:15	2:19	24:14	2:10	0:13								
11	74	ALICIA RUBIO SANC Madrid ESCONDITE-	1:45:14	5:45	14:59	19:30	21:55	26:20	28:21	43:55	50:55	52:00	55:29	1:04:29	1:10:39	1:12:43
				5:45	9:14	4:31	2:25	4:25	2:01	15:34	7:00	1:05	3:29	9:00	6:10	2:04
				1:20:22	1:33:34	1:42:32	1:44:59	1:45:14		1:01:18	1:30:14					
				7:39	13:12	8:58	2:27	0:15		*76	*62					
	177	Eva Garrido Hens Madrid NAVALCARNE	r en tarj. 4:08	9:26	14:40	16:04	19:10	20:49	25:17	29:42	30:27	33:04	35:21	39:57	41:02	
				4:08	5:18	5:14	1:24	3:06	1:39	4:28	4:25	0:45	2:37	2:17	4:36	1:05
				45:46	----	52:59	54:48	55:01		46:52						
				4:44	----	7:13	1:49	0:13		*62						
	96	Yosie Pérez Jiménez bandona Madrid GOCAN	5:42	55:50	1:01:24	1:03:56	1:08:04	1:10:14	1:18:35	----	----	----	----	----	----	
				5:42	50:08	5:34	2:32	4:08	2:10	8:21						
				----	----	----	1:34:28	1:34:53								
							15:53	0:25								
M-35 O-Pie (21)																
				6,3 km 170 m		18 C										
				1(60)	2(67)	3(84)	4(73)	5(72)	6(70)	7(76)	8(77)	9(80)	10(81)	11(82)	12(79)	13(78)
				14(58)	15(62)	16(63)	17(91)	18(100)	Meta							
1	155	Raúl Sánchez Rodrí Cuenca ORIENTIJOT	46:31	3:02	8:49	9:53	12:19	13:16	16:44	19:18	20:34	22:32	25:03	27:16	28:24	31:19
				3:02	5:47	1:04	2:26	0:57	3:28	2:34	1:16	1:58	2:31	2:13	1:08	2:55
				38:24	39:05	41:48	44:51	46:16	46:31	0:15						
				7:05	0:41	2:43	3:03	1:25	0:15							
2	245	Jorge Diaz Bes Madrid COLMENAR	46:48	3:27	9:12	10:27	13:19	14:21	17:05	19:45	21:10	24:29	26:05	28:03	29:20	31:06
				3:27	5:45	1:15	2:52	1:02	2:44	2:40	1:25	3:19	1:36	1:58	1:17	1:46
				38:35	39:23	42:21	45:11	46:39	46:48							
				7:29	0:48	2:58	2:50	1:28	0:09							
3	251	Paco Jaén Guisado Guadalajara C.O.GU	50:50	3:32	9:39	11:15	14:07	15:07	17:45	20:26	21:47	24:36	26:11	29:11	30:34	32:26
				3:32	6:07	1:36	2:52	1:00	2:38	2:41	1:21	2:49	1:35	3:00	1:23	1:52
				41:01	42:47	45:43	49:02	50:37	50:50							
				8:35	1:46	2:56	3:19	1:35	0:13							
4	95	Juan Pedro Caraça-V Madrid IMPERDIBLE	52:16	3:53	10:30	12:04	15:14	16:56	19:44	22:47	24:19	27:39	29:48	31:59	33:15	35:10
				3:53	6:37	1:34	3:10	1:42	2:48	3:03	1:32	3:20	2:09	2:11	1:16	1:55
				43:37	44:27	47:34	50:36	52:04	52:16							
				8:27	0:50	3:07	3:02	1:28	0:12							
5	69	Diego Lopez Martin Madrid COLMENAR	53:41	3:12	8:53	10:13	13:21	14:42	18:48	23:30	24:44	27:58	29:44	31:55	33:17	35:16
				3:12	5:41	1:20	3:08	1:21	4:06	4:42	1:14	3:14	1:46	2:11	1:22	1:59
				45:10	45:59	49:10	51:54	53:28	53:41							
				9:54	0:49	3:11	2:44	1:34	0:13							
6	67	José Fustes Villadón Madrid GOCAN	53:47	3:32	9:29	10:45	13:27	14:34	17:33	20:12	21:25	25:21	27:18	29:48	33:19	35:15
				3:32	5:57	1:16	2:42	1:07	2:59	2:39	1:13	3:56	1:57	2:30	3:31	1:56
				44:32	45:23	48:54	51:52	53:36	53:47							
				9:17	0:51	3:31	2:58	1:44	0:11							
7	183	Juan Trías Martínez Madrid ESCONDITE-	54:49	3:24	11:46	13:34	16:49	18:03	20:46	23:39	25:08	28:04	29:39	34:00	35:33	37:39
				3:24	8:22	1:48	3:15	1:14	2:43	2:53	1:29	2:56	1:35	4:21	1:33	2:06
				46:21	48:05	50:41	53:23	54:41	54:49							
				8:42	1:44	2:36	2:42	1:18	0:08							
8	141	Mateo Vijande Gonzá Madrid MALARRUTA	55:56	3:14	10:55	12:51	15:54	17:23	19:57	25:18	26:47	29:29	31:27	33:29	35:54	37:48
				3:14	7:41	1:56	3:03	1:29	2:34	5:21	1:29	2:42	1:58	2:02	2:25	1:54
				47:05	47:55	51:10	53:58	55:47	55:56							
				9:17	0:50	3:15	2:48	1:49	0:09							
9	220	Manuel Vicente Sanc Madrid GOCAN	57:09	3:20	10:29	11:59	14:54	15:51	18:43	21:24	22:50	25:05	27:08	29:44	31:02	32:58
				3:20	7:09	1:30	2:55	0:57	2:52	2:41	1:26	2:15	2:03	2:36	1:18	1:56
				48:41	49:32	52:30	55:26	56:57	57:09							
				15:43	0:51	2:58	2:56	1:31	0:12							
10	234	Jaime Perez Lopez Madrid MALARRUTA	59:46	3:19	10:00	11:20	14:14	15:26	18:08	21:35	22:53	27:47	29:53	31:57	34:42	37:01
				3:19	6:41	1:20	2:54	1:12	2:42	3:27	1:18	4:54	2:06	2:04	2:45	2:19
				48:59	49:45	55:07	58:14	59:35	59:46							
				11:58	0:46	5:22	3:07	1:21	0:11							
11	182	Carlos Crespo Castil Madrid GOCAN	1:00:36	2:33	8:31	10:30	13:30	14:55	18:00	20:51	22:15	25:25	27:24	31:02	32:14	35:42
				2:33	5:58	1:59	3:00	1:25	3:05	2:51	1:24	3:10	1:59	3:38	1:12	3:28
				52:25	53:20	56:13	59:08	1:00:22	1:00:36							
				16:43	0:55	2:53	2:55	1:14	0:14							
12	73	Paul Richard Mesa Alicante UNIVERSIDA	1:01:39	3:59	10:58	12:38	17:05	18:29	21:39	25:26	27:31	30:35	32:32	35:30	37:24	39:49
				3:59	6:59	1:40	4:27	1:24	3:10	3:47	2:05	3:04	1:57	2:58	1:54	2:25
				51:05	52:09	55:55	59:36	1:01:26	1:01:39							
				11:16	1:04	3:46	3:41	1:50	0:13							

os	rsal	Nombre	Tiempo													
M-35 O-Pie (21)				6,3 km 170 m			18 C			<i>(cont.)</i>						
				1(60)	2(67)	3(84)	4(73)	5(72)	6(70)	7(76)	8(77)	9(80)	10(81)	11(82)	12(79)	13(78)
				14(58)	15(62)	16(63)	17(91)	18(100)	Meta							
13	102	Agustin Alcaide Fern Madrid O-CHARLIES	1:04:04	4:06	12:52	14:16	18:30	19:42	22:36	25:50	27:25	30:21	32:30	36:19	38:02	40:58
				4:06	8:46	1:24	4:14	1:12	2:54	3:14	1:35	2:56	2:09	3:49	1:43	2:56
				53:00	53:50	57:57	1:02:04	1:03:50	1:04:04							
				12:02	0:50	4:07	4:07	1:46	0:14							
14	105	Jesús Sánchez Ruba Madrid COLMENAR	1:10:41	8:26	15:11	16:44	22:11	23:41	27:13	30:18	31:46	34:39	36:41	38:54	43:49	46:27
				8:26	6:45	1:33	5:27	1:30	3:32	3:05	1:28	2:53	2:02	2:13	4:55	2:38
				1:00:46	1:02:17	1:05:48	1:09:13	1:10:30	1:10:41							
				14:19	1:31	3:31	3:25	1:17	0:11							
15	242	Chema Manget Velas Madrid IBERIA	1:12:29	4:54	14:21	16:51	21:03	22:34	26:11	30:07	31:50	37:22	39:40	43:38	45:33	48:29
				4:54	9:27	2:30	4:12	1:31	3:37	3:56	1:43	5:32	2:18	3:58	1:55	2:56
				59:57	1:01:07	1:06:07	1:10:19	1:12:13	1:12:29							
				11:28	1:10	5:00	4:12	1:54	0:16							
16	175	Miguel Angel Toledo Cuenca ORIENTIJOT	1:16:39	4:26	15:32	17:27	21:41	23:03	26:57	31:01	32:59	36:25	40:24	43:40	45:21	48:18
				4:26	11:06	1:55	4:14	1:22	3:54	4:04	1:58	3:26	3:59	3:16	1:41	2:57
				1:01:27	1:02:33	1:10:01	1:13:58	1:16:23	1:16:39							
				13:09	1:06	7:28	3:57	2:25	0:16							
17	39	Manuel Hernandez D Madrid O-GETAPE	1:31:57	6:30	15:51	18:53	28:05	29:27	33:40	40:27	43:59	51:02	54:07	58:02	1:00:02	1:03:03
				6:30	9:21	3:02	9:12	1:22	4:13	6:47	3:32	7:03	3:05	3:55	2:00	3:01
				1:17:11	1:18:46	1:24:31	1:29:17	1:31:41	1:31:57							
				14:08	1:35	5:45	4:46	2:24	0:16							
	293	Pedro Jiménez Molin r en tarj. Madrid GOCAN		4:18	-----	11:14	14:15	15:19	17:53	20:58	22:23	24:50	26:48	31:10	32:53	34:53
				4:18		6:56	3:01	1:04	2:34	3:05	1:25	2:27	1:58	4:22	1:43	2:00
				44:58	45:57	48:56	51:43	53:24	53:37			10:30				
				10:05	0:59	2:59	2:47	1:41	0:13			*68				
	296	Antonio Jesús Cano Madrid ALABARDA-O	No sale													
	168	Ignacio Mico Perez Madrid COLMENAR	No sale													
	280	David Carretero Gon Madrid MONTE_EL_P	No sale													
F-40 O-Pie (7)				5,3 km 150 m			17 C									
				1(60)	2(64)	3(66)	4(85)	5(84)	6(69)	7(92)	8(76)	9(88)	10(78)	11(77)	12(92)	13(72)
				14(57)	15(58)	16(91)	17(100)	Meta								
1	222	Henar Silvestre Ferr Madrid ESCONDITE-	1:17:02	6:13	15:00	19:49	21:55	26:10	28:11	35:05	42:49	43:48	47:14	50:10	55:57	58:13
				6:13	8:47	4:49	2:06	4:15	2:01	6:54	7:44	0:59	3:26	2:56	5:47	2:16
				1:05:30	1:08:38	1:14:23	1:16:46	1:17:02		1:06:21						
				7:17	3:08	5:45	2:23	0:16		*62						
2	268	María Martín Quesad Madrid COLMENAR	1:17:26	8:19	16:29	21:21	27:35	31:22	33:26	39:09	44:55	45:46	48:21	51:12	57:23	59:37
				8:19	8:10	4:52	6:14	3:47	2:04	5:43	5:46	0:51	2:35	2:51	6:11	2:14
				1:05:32	1:09:28	1:15:01	1:17:12	1:17:26								
				5:55	3:56	5:33	2:11	0:14								
3	197	Marta Lopez Arza Madrid COLMENAR	1:25:01	4:42	12:33	16:33	18:36	22:14	24:06	29:42	38:42	39:52	42:30	56:45	1:02:19	1:03:53
				4:42	7:51	4:00	2:03	3:38	1:52	5:36	9:00	1:10	2:38	14:15	5:34	1:34
				1:09:32	1:12:39	1:22:25	1:24:44	1:25:01								
				5:39	3:07	9:46	2:19	0:17								
4	111	María García Martín Madrid COLMENAR	1:27:54	7:11	16:25	21:40	23:42	30:04	32:43	39:34	46:17	47:17	50:57	54:45	1:02:13	1:04:25
				7:11	9:14	5:15	2:02	6:22	2:39	6:51	6:43	1:00	3:40	3:48	7:28	2:12
				1:12:00	1:17:47	1:24:51	1:27:34	1:27:54								
				7:35	5:47	7:04	2:43	0:20								
5	78	Raquel Benito Martí Madrid O-CHARLIES	1:43:14	14:17	30:23	35:17	39:35	42:45	44:31	49:49	55:03	56:04	1:15:49	1:18:37	1:24:12	1:25:33
				14:17	16:06	4:54	4:18	3:10	1:46	5:18	5:14	1:01	19:45	2:48	5:35	1:21
				1:32:12	1:34:36	1:40:29	1:42:58	1:43:14		1:01:36	1:33:07					
				6:39	2:24	5:53	2:29	0:16		*77	*62					
	263	Beatriz Bernardino Madrid ESCONDITE-	bandona	5:33	27:55	32:30	42:04	-----	-----	-----	-----	-----	-----	-----	-----	-----
				5:33	22:22	4:35	9:34									
				-----	-----	-----	1:07:45	1:08:25		1:07:50						
							25:41	0:40		*100						
	129	Raquel García León Madrid COLMENAR	No sale													
M-40 O-Pie (14)				5,8 km 165 m			18 C									
				1(63)	2(64)	3(65)	4(66)	5(68)	6(69)	7(71)	8(76)	9(78)	10(79)	11(82)	12(81)	13(80)
				14(77)	15(88)	16(57)	17(91)	18(100)	Meta							
1	83	Andrés Izquierdo G Madrid IMPERDIBLE	44:57	2:25	5:49	7:33	9:00	11:06	13:13	15:47	18:04	19:42	21:26	23:19	25:17	26:50
				2:25	3:24	1:44	1:27	2:06	2:07	2:34	2:17	1:38	1:44	1:53	1:58	1:33
				30:08	33:20	38:25	43:25	44:48	44:57							
				3:18	3:12	5:05	5:00	1:23	0:09							
2	160	Adrián Prieto Jiménez Madrid O-CHARLIES	51:07	3:15	6:31	8:28	9:51	14:36	16:48	19:33	22:13	24:04	26:09	28:09	30:26	32:11
				3:15	3:16	1:57	1:23	4:45	2:12	2:45	2:40	1:51	2:05	2:00	2:17	1:45
				35:13	37:43	43:52	49:19	50:57	51:07							
				3:02	2:30	6:09	5:27	1:38	0:10							

os	rsal	Nombre	Tiempo													
M-40 O-Pie (14)				5,8 km 165 m			18 C		<i>(cont.)</i>							
				1(63)	2(64)	3(65)	4(66)	5(68)	6(69)	7(71)	8(76)	9(78)	10(79)	11(82)	12(81)	13(80)
				14(77)	15(88)	16(57)	17(91)	18(100)	Meta							
3	246	David Cañada López Badajoz BASE DON	53:28	4:13	8:04	10:36	11:56	14:42	17:27	19:57	23:53	25:52	28:01	30:01	32:22	34:01
				4:13	3:51	2:32	1:20	2:46	2:45	2:30	3:56	1:59	2:09	2:00	2:21	1:39
				36:49	40:08	46:39	51:50	53:16	53:28							
				2:48	3:19	6:31	5:11	1:26	0:12							
4	20	Javier Hortal Romer Madrid ALABARDA-O	56:36	3:09	6:06	7:56	9:15	11:18	13:12	15:31	18:04	19:39	21:48	25:35	29:07	30:29
				3:09	2:57	1:50	1:19	2:03	1:54	2:19	2:33	1:35	2:09	3:47	3:32	1:22
				33:18	35:32	50:56	55:13	56:26	56:36	34:46	49:42					
				2:49	2:14	15:24	4:17	1:13	0:10	*76	*62					
5	272	Todor Yovkov Nikolo Madrid LOS_ANGELE	58:22	2:49	9:07	11:41	13:24	16:14	18:33	22:05	25:00	27:01	29:26	32:00	34:42	36:35
				2:49	6:18	2:34	1:43	2:50	2:19	3:32	2:55	2:01	2:25	2:34	2:42	1:53
				40:13	42:44	49:42	56:09	58:10	58:22							
				3:38	2:31	6:58	6:27	2:01	0:12							
6	149	José Antonio Fernán Madrid IBERIA	1:05:45	4:39	10:08	12:43	15:19	18:24	21:16	24:40	28:03	30:26	33:09	35:28	38:52	41:13
				4:39	5:29	2:35	2:36	3:05	2:52	3:24	3:23	2:23	2:43	2:19	3:24	2:21
				45:01	48:29	56:32	1:03:06	1:05:26	1:05:45							
				3:48	3:28	8:03	6:34	2:20	0:19							
7	101	Carlos Manuel Prado Madrid GOCAN	1:08:07	8:15	18:04	20:21	21:35	24:22	26:39	29:56	33:24	35:06	40:33	43:12	47:34	49:11
				8:15	9:49	2:17	1:14	2:47	2:17	3:17	3:28	1:42	5:27	2:39	4:22	1:37
				52:23	54:40	1:00:06	1:05:32	1:07:56	1:08:07							
				3:12	2:17	5:26	5:26	2:24	0:11							
8	110	José Luís Miguel Pel Madrid COLMENAR	1:08:23	5:59	10:26	12:49	14:40	17:28	20:01	23:56	26:51	28:50	31:49	33:54	37:14	39:19
				5:59	4:27	2:23	1:51	2:48	2:33	3:55	2:55	1:59	2:59	2:05	3:20	2:05
				45:15	47:48	1:00:28	1:06:41	1:08:12	1:08:23							
				5:56	2:33	12:40	6:13	1:31	0:11							
9	253	Miguel Lopez Rodrí Madrid IMPERDIBLE	1:30:37	13:26	17:22	18:49	22:29	25:09	27:00	30:17	32:56	34:36	43:45	45:36	48:11	55:53
				13:26	3:56	1:27	3:40	2:40	1:51	3:17	2:39	1:40	9:09	1:51	2:35	7:42
				59:12	1:02:44	1:17:51	1:28:24	1:30:20	1:30:37							
				3:19	3:32	15:07	10:33	1:56	0:17							
10	28	Alberto Gómez Soria Madrid RUMBO MAD	1:30:57	7:20	14:26	17:39	21:11	26:12	30:51	36:16	41:05	44:36	48:55	52:19	56:13	59:21
				7:20	7:06	3:13	3:32	5:01	4:39	5:25	4:49	3:31	4:19	3:24	3:54	3:08
				1:04:25	1:08:20	1:20:14	1:28:22	1:30:43	1:30:57							
				5:04	3:55	11:54	8:08	2:21	0:14							
11	196	miquel perdiguer ro Madrid COLMENAR	1:40:50	25:11	29:02	32:13	34:45	38:25	41:14	48:00	52:01	54:09	58:18	1:01:31	1:12:21	1:14:03
				25:11	3:51	3:11	2:32	3:40	2:49	6:46	4:01	2:08	4:09	3:13	10:50	1:42
				1:17:39	1:20:32	1:30:06	1:38:34	1:40:41	1:40:50							
				3:36	2:53	9:34	8:28	2:07	0:09							
12	54	Manuel Carreras Zap Madrid COLMENAR	2:03:15	7:34	16:48	21:35	25:07	30:50	33:43	37:55	42:07	45:14	51:32	54:33	58:37	1:02:08
				7:34	9:14	4:47	3:32	5:43	2:53	4:12	4:12	3:07	6:18	3:01	4:04	3:31
				1:06:31	1:10:19	1:35:30	2:00:05	2:03:00	2:03:15							
				4:23	3:48	25:11	24:35	2:55	0:15							
nc	167	Sergio De La Losa M Madrid O-GETAFE	1:05:52	5:06	9:20	11:34	13:39	16:30	19:24	22:34	26:48	29:06	31:32	35:53	39:22	41:09
				5:06	4:14	2:14	2:05	2:51	2:54	3:10	4:14	2:18	2:26	4:21	3:29	1:47
				44:12	47:20	56:04	1:03:16	1:05:39	1:05:52							
				3:03	3:08	8:44	7:12	2:23	0:13							
	107	Sergio Herrero Jiménez Madrid C.D.C.E.B.E.	No sale													
F-45 O-Pie (10)				5,0 km 140 m			17 C									
				1(57)	2(65)	3(67)	4(84)	5(71)	6(74)	7(77)	8(78)	9(92)	10(72)	11(62)	12(56)	13(61)
				14(52)	15(83)	16(91)	17(100)	Meta								
1	137	Lolimar Rodríguez Madrid O-GETAFE	1:01:39	12:21	18:15	23:50	25:55	29:42	31:42	34:43	37:21	43:48	45:05	49:20	51:10	55:07
				12:21	5:54	5:35	2:05	3:47	2:00	3:01	2:38	6:27	1:17	4:15	1:50	3:57
				56:29	58:18	59:50	1:01:25	1:01:39								
				1:22	1:49	1:32	1:35	0:14								
2	4	Mar Oliva Bartolomé Madrid ESCONDITE-	1:06:44	7:39	14:16	17:04	18:58	23:23	25:23	29:05	31:25	39:29	40:54	51:21	54:30	58:14
				7:39	6:37	2:48	1:54	4:25	2:00	3:42	2:20	8:04	1:25	10:27	3:09	3:44
				1:00:12	1:02:50	1:04:28	1:06:30	1:06:44								
				1:58	2:38	1:38	2:02	0:14								
3	262	Silvia Solabre Suare Madrid COLMENAR	1:16:21	11:04	17:23	19:52	23:11	28:48	31:49	35:45	38:10	46:19	49:18	54:33	56:49	1:06:08
				11:04	6:19	2:29	3:19	5:37	3:01	3:56	2:25	8:09	2:59	5:15	2:16	9:19
				1:08:25	1:11:32	1:13:36	1:16:07	1:16:21								
				2:17	3:07	2:04	2:31	0:14								
4	52	Gema María Montes Y Guadalajara C.O.GU	1:19:28	7:12	15:31	18:01	20:35	25:47	29:20	33:27	36:42	45:22	48:18	59:07	1:01:25	1:08:17
				7:12	8:19	2:30	2:34	5:12	3:33	4:07	3:15	8:40	2:56	10:49	2:18	6:52
				1:10:33	1:13:08	1:16:03	1:19:02	1:19:28								
				2:16	2:35	2:55	2:59	0:26								
5	231	Gema García Godoy Toledo TOLEDO-O	1:22:38	10:06	20:58	23:26	26:03	30:58	33:28	37:23	40:24	50:06	54:44	1:04:28	1:07:53	1:12:20
				10:06	10:52	2:28	2:37	4:55	2:30	3:55	3:01	9:42	4:38	9:44	3:25	4:27
				1:14:51	1:17:41	1:19:43	1:22:19	1:22:38								
				2:31	2:50	2:02	2:36	0:19	*67							
6	297	Laura Lopez Regido Madrid O-CHARLIES	1:24:48	9:56	17:11	20:39	22:56	28:26	30:43	34:43	38:28	56:20	58:09	1:06:47	1:09:22	1:15:04
				9:56	7:15	3:28	2:17	5:30	2:17	4:00	3:45	17:52	1:49	8:38	2:35	5:42
				1:17:14	1:20:05	1:22:12	1:24:32	1:24:48								
				2:10	2:51	2:07	2:20	0:16	*76	*74						

os	rsal	Nombre	Tiempo	5,3 km 150 m					17 C					(cont.)				
				1(60)	2(64)	3(66)	4(85)	5(84)	6(69)	7(92)	8(76)	9(88)	10(78)	11(77)	12(92)	13(72)		
				14(57)	15(58)	16(91)	17(100)	Meta										
M-45 O-Pie (27)																		
16	81	Julián Rivera Domín Toledo TOLEDO-O	1:09:18	4:50	12:26	16:28	18:17	25:30	31:23	37:05	41:39	42:34	45:09	47:54	52:50	54:14		
				4:50	7:36	4:02	1:49	7:13	5:53	5:42	4:34	0:55	2:35	2:45	4:56	1:24		
				59:03	1:01:11	1:07:10	1:08:59	1:09:18										
				4:49	2:08	5:59	1:49	0:19										
17	228	Alberto Domingo Ga Madrid O-GETAFE	1:09:53	5:11	10:21	16:46	19:29	22:20	24:17	28:48	33:13	33:57	36:37	39:09	43:20	44:54		
				5:11	5:10	6:25	2:43	2:51	1:57	4:31	4:25	0:44	2:40	2:32	4:11	1:34		
				1:01:13	1:03:25	1:07:52	1:09:38	1:09:53										
				16:19	2:12	4:27	1:46	0:15										
18	304	Jose Carlos Castillo Madrid COLMENAR	1:10:03	4:26	9:56	13:58	16:50	19:57	21:43	33:31	37:57	39:04	41:44	44:33	49:54	51:36		
				4:26	5:30	4:02	2:52	3:07	1:46	11:48	4:26	1:07	2:40	2:49	5:21	1:42		
				57:35	1:02:19	1:07:42	1:09:48	1:10:03										
				5:59	4:44	5:23	2:06	0:15										
19	87	Jose Raúl Sánchez G Toledo TOLEDO-O	1:12:42	4:16	18:24	21:38	23:01	25:35	28:40	43:36	47:22	48:25	50:18	52:18	56:51	58:08		
				4:16	14:08	3:14	1:23	2:34	3:05	14:56	3:46	1:03	1:53	2:00	4:33	1:17		
				1:05:00	1:06:58	1:10:56	1:12:28	1:12:42										
				6:52	1:58	3:58	1:32	0:14										
20	283	Julian Arbizu Cresp Madrid MONTE_EL_P	1:19:01	6:43	13:33	20:13	21:27	25:16	26:49	32:50	41:40	42:54	45:26	56:25	1:01:30	1:03:03		
				6:43	6:50	6:40	1:14	3:49	1:33	6:01	8:50	1:14	2:32	10:59	5:05	1:33		
				1:10:01	1:12:24	1:17:15	1:18:49	1:19:01										
				6:58	2:23	4:51	1:34	0:12										
21	265	Ismael Cabañas Garc Madrid ESCONDITE-	1:20:19	16:34	27:42	30:56	32:27	35:36	36:57	41:32	45:58	46:40	48:32	50:53	55:06	58:51		
				16:34	11:08	3:14	1:31	3:09	1:21	4:35	4:26	0:42	1:52	2:21	4:13	3:45		
				1:12:33	1:14:15	1:18:26	1:20:05	1:20:19										
				13:42	1:42	4:11	1:39	0:14										
22	42	Sergio Garrido Rodr Madrid GOCAN	1:38:07	10:51	17:44	21:54	28:40	32:21	34:54	43:38	59:05	1:00:25	1:03:28	1:06:56	1:12:44	1:14:47		
				10:51	6:53	4:10	6:46	3:41	2:33	8:44	15:27	1:20	3:03	3:28	5:48	2:03		
				1:20:31	1:23:28	1:34:12	1:37:43	1:38:07										
				5:44	2:57	10:44	3:31	0:24										
23	276	Angel Cano-Cortés C Madrid COLMENAR	1:38:40	4:55	27:33	31:28	50:53	54:00	55:57	1:01:05	1:08:03	1:08:48	1:11:15	1:13:35	1:19:08	1:21:07		
				4:55	22:38	3:55	19:25	3:07	1:57	5:08	6:58	0:45	2:27	2:20	5:33	1:59		
				1:27:16	1:29:33	1:36:16	1:38:27	1:38:40										
				6:09	2:17	6:43	2:11	0:13										
24	282	Alberto García Barri Madrid MONTE_EL_P	1:46:22	4:17	33:16	37:41	39:31	44:37	46:09	50:42	1:01:54	1:02:41	1:05:02	1:07:13	1:27:20	1:32:05		
				4:17	28:59	4:25	1:50	5:06	1:32	4:33	11:12	0:47	2:21	2:11	20:07	4:45		
				1:37:55	1:39:49	1:44:19	1:46:07	1:46:22										
				5:50	1:54	4:30	1:48	0:15										
138		Sergio Sebastian Am Madrid O-GETAFE	No sale															
205		EUSEBIO A. GARNAC Madrid ALABARDA-O	No sale															
24		Jesús María Rodrígu Madrid RUMBO MAD	No sale															
F-50 O-Pie (4)																		
				4,8 km 135 m					17 C									
				1(83)	2(62)	3(58)	4(72)	5(74)	6(88)	7(70)	8(71)	9(92)	10(65)	11(66)	12(68)	13(57)		
				14(61)	15(53)	16(89)	17(100)	Meta										
1	187	Mercedes Jiménez B Madrid ALABARDA-O	1:04:44	5:41	11:59	14:23	20:19	23:22	25:39	27:32	31:19	33:28	41:03	43:13	46:51	54:31		
				5:41	6:18	2:24	5:56	3:03	2:17	1:53	3:47	2:09	7:35	2:10	3:38	7:40		
				57:42	59:52	1:02:41	1:04:24	1:04:44										
				3:11	2:10	2:49	1:43	0:20										
2	190	Rosa Silveira Puerta Madrid ALABARDA-O	1:15:11	2:24	13:36	15:25	24:46	28:33	30:55	32:52	37:38	40:55	47:40	49:59	54:57	1:04:28		
				2:24	11:12	1:49	9:21	3:47	2:22	1:57	4:46	3:17	6:45	2:19	4:58	9:31		
				1:07:45	1:09:59	1:13:24	1:14:53	1:15:11										
				3:17	2:14	3:25	1:29	0:18										
3	179	Ana María Prada Caz Madrid O-GETAFE	1:28:55	2:33	9:37	18:00	30:59	34:42	37:22	39:31	43:55	46:18	1:01:12	1:04:00	1:07:46	1:16:09		
				2:33	7:04	8:23	12:59	3:43	2:40	2:09	4:24	2:23	14:54	2:48	3:46	8:23		
				1:20:22	1:23:00	1:26:54	1:28:35	1:28:55										
				4:13	2:38	3:54	1:41	0:20										
4	106	Esther Martin García Madrid O-CHARLIES	1:38:56	2:38	13:24	23:30	32:31	36:36	39:49	42:20	47:54	53:13	1:02:31	1:05:31	1:10:27	1:25:57		
				2:38	10:46	10:06	9:01	4:05	3:13	2:31	5:34	5:19	9:18	3:00	4:56	15:30		
				1:29:57	1:32:35	1:36:31	1:38:38	1:38:56										
				4:00	2:38	3:56	2:07	0:18										
M-50 O-Pie (14)																		
				5,0 km 140 m					17 C									
				1(57)	2(65)	3(67)	4(84)	5(71)	6(74)	7(77)	8(78)	9(92)	10(72)	11(62)	12(56)	13(61)		
				14(52)	15(83)	16(91)	17(100)	Meta										
1	75	Julian Amores Fuste Madrid SOTOBOSQU	49:16	8:04	12:30	14:13	16:30	19:56	21:32	24:06	25:58	31:31	33:32	37:19	39:08	42:09		
				8:04	4:26	1:43	2:17	3:26	1:36	2:34	1:52	5:33	2:01	3:47	1:49	3:01		
				43:36	46:05	47:20	49:04	49:16										
				1:27	2:29	1:15	1:44	0:12										
2	161	Raúl Villalba Hormig Toledo TOLEDO-O	55:54	5:25	11:59	14:18	16:29	21:08	22:56	25:52	30:13	36:54	38:26	42:53	45:21	48:22		
				5:25	6:34	2:19	2:11	4:39	1:48	2:56	4:21	6:41	1:32	4:27	2:28	3:01		
				49:51	52:11	53:55	55:40	55:54										
				1:29	2:20	1:44	1:45	0:14										

os	rsal	Nombre	Tiempo													
M-55 O-Pie (16)				5,0 km 140 m			17 C		(cont.)							
				1(57)	2(65)	3(67)	4(84)	5(71)	6(74)	7(77)	8(78)	9(92)	10(72)	11(62)	12(56)	13(61)
				14(52)	15(83)	16(91)	17(100)	Meta								
2	112	Fernando García-Arg Madrid COLMENAR	56:21	7:23	12:12	14:37	16:39	21:15	23:12	26:30	28:22	35:38	37:04	41:48	43:59	47:15
				7:23	4:49	2:25	2:02	4:36	1:57	3:18	1:52	7:16	1:26	4:44	2:11	3:16
				49:17	52:04	53:58	56:06	56:21								
				2:02	2:47	1:54	2:08	0:15								
3	17	José Manuel Cermeñ Madrid COLMENAR	58:45	6:14	10:43	13:02	14:49	19:29	21:30	24:44	26:53	34:17	35:56	41:35	43:51	47:02
				6:14	4:29	2:19	1:47	4:40	2:01	3:14	2:09	7:24	1:39	5:39	2:16	3:11
				48:52	55:05	56:44	58:33	58:45								
				1:50	6:13	1:39	1:49	0:12								
4	288	Jose Vicente Alba Pa Madrid MONTE_EL_P	58:47	8:02	13:02	15:22	17:37	21:42	23:30	26:51	29:12	37:42	38:47	44:48	46:44	49:28
				8:02	5:00	2:20	2:15	4:05	1:48	3:21	2:21	8:30	1:05	6:01	1:56	2:44
				51:16	53:29	56:38	58:33	58:47								
				1:48	2:13	3:09	1:55	0:14								
5	200	José García Robles Madrid ENTREBALIZ	59:01	5:42	11:18	15:56	18:01	21:58	24:42	28:25	30:21	39:18	40:33	46:37	48:21	51:12
				5:42	5:36	4:38	2:05	3:57	2:44	3:43	1:56	8:57	1:15	6:04	1:44	2:51
				52:53	55:08	56:48	58:46	59:01								
				1:41	2:15	1:40	1:58	0:15								
6	38	Ricardo Morales Dur Madrid YELMO-O	59:52	8:43	13:50	16:10	18:17	22:28	24:50	28:41	31:18	38:41	39:52	44:29	47:38	50:40
				8:43	5:07	2:20	2:07	4:11	2:22	3:51	2:37	7:23	1:11	4:37	3:09	3:02
				52:30	54:59	57:35	59:36	59:52								
				1:50	2:29	2:36	2:01	0:16								
7	136	Luis Antonio Zorrilla Madrid O-CHARLIES	1:01:33	6:10	13:05	15:09	16:34	22:49	24:36	28:35	30:16	37:16	38:32	43:38	46:32	52:34
				6:10	6:55	2:04	1:25	6:15	1:47	3:59	1:41	7:00	1:16	5:06	2:54	6:02
				54:16	57:19	59:22	1:01:18	1:01:33								
				1:42	3:03	2:03	1:56	0:15								
8	93	Ángel Abarca Pascua Madrid GOCAN	1:09:33	6:54	12:25	21:11	23:17	28:13	30:38	34:20	36:59	44:42	46:36	53:46	56:01	59:43
				6:54	5:31	8:46	2:06	4:56	2:25	3:42	2:39	7:43	1:54	7:10	2:15	3:42
				1:01:57	1:05:04	1:06:52	1:09:14	1:09:33								
				2:14	3:07	1:48	2:22	0:19								
9	211	Alberto García Sáez Madrid C.D.C.E.B.E.	1:13:04	18:32	28:54	30:26	32:37	37:16	39:19	42:56	44:46	51:57	53:17	1:00:31	1:02:35	1:05:20
				18:32	10:22	1:32	2:11	4:39	2:03	3:37	1:50	7:11	1:20	7:14	2:04	2:45
				1:06:47	1:09:05	1:11:00	1:12:49	1:13:04								
				1:27	2:18	1:55	1:49	0:15								
10	285	Alberto López Orihu Madrid MONTE_EL_P	1:21:10	12:01	19:48	22:58	26:16	31:56	35:37	40:03	43:14	54:56	57:20	1:04:08	1:06:34	1:10:06
				12:01	7:47	3:10	3:18	5:40	3:41	4:26	3:11	11:42	2:24	6:48	2:26	3:32
				1:12:26	1:15:46	1:18:24	1:20:53	1:21:10								
				2:20	3:20	2:38	2:29	0:17								
11	277	Manuel Pérez Herrer Madrid MONTE_EL_P	1:21:54	8:19	15:52	20:42	23:31	28:39	31:24	35:58	38:58	48:12	49:47	1:04:28	1:06:59	1:10:51
				8:19	7:33	4:50	2:49	5:08	2:45	4:34	3:00	9:14	1:35	14:41	2:31	3:52
				1:13:36	1:16:33	1:18:38	1:21:27	1:21:54								
				2:45	2:57	2:05	2:49	0:27								
12	298	Jose Antonio Gonzal Madrid O-CHARLIES	1:36:43	17:56	30:19	34:23	37:40	44:16	47:18	51:44	54:31	1:04:15	1:11:14	1:17:51	1:20:22	1:23:58
				17:56	12:23	4:04	3:17	6:36	3:02	4:26	2:47	9:44	6:59	6:37	2:31	3:36
				1:26:40	1:29:48	1:33:21	1:36:24	1:36:43								
				2:42	3:08	3:33	3:03	0:19								
13	125	Emilio Larriba De la Madrid O-GETAFFE	1:42:30	19:41	27:07	30:11	32:44	37:11	39:57	45:25	49:43	1:07:33	1:15:37	1:22:06	1:26:34	1:30:31
				19:41	7:26	3:04	2:33	4:27	2:46	5:28	4:18	17:50	8:04	6:29	4:28	3:57
				1:33:45	1:36:58	1:39:43	1:42:11	1:42:30								
				3:14	3:13	2:45	2:28	0:19								
14	92	Benito Pascual C Madrid COLMENAR	2:01:25	16:37	25:25	28:30	31:14	44:46	48:37	1:06:41	1:09:42	1:20:24	1:22:53	1:28:40	1:44:06	1:49:04
				16:37	8:48	3:05	2:44	13:32	3:51	18:04	3:01	10:42	2:29	5:47	15:26	4:58
				1:51:12	1:54:20	1:57:02	2:01:07	2:01:25								
				2:08	3:08	2:42	4:05	0:18								
	82	Claudio Moran Muño Madrid IMPERDIBLE	No sale													
	254	Luis Fernández Mor Madrid COLMENAR	No sale													
F-60 O-Pie (5)				3,6 km 135 m			15 C									
				1(53)	2(61)	3(57)	4(75)	5(92)	6(72)	7(71)	8(84)	9(85)	10(64)	11(56)	12(52)	13(83)
				14(89)	15(100)	Meta										
1	286	Lucía Cánovas Andr Madrid MONTE_EL_P	1:20:01	5:58	9:19	13:09	17:46	23:15	25:18	27:29	32:08	50:06	54:52	1:06:28	1:11:44	1:16:27
				5:58	3:21	3:50	4:37	5:29	2:03	2:11	4:39	17:58	4:46	11:36	5:16	4:43
				1:18:22	1:19:44	1:20:01										
				1:55	1:22	0:17										
2	212	Ana García Ruiz Madrid C.D.C.E.B.E.	1:20:03	5:40	8:41	12:13	19:09	24:11	28:50	31:25	37:14	42:51	57:35	1:02:55	1:10:48	1:15:01
				5:40	3:01	3:32	6:56	5:02	4:39	2:35	5:49	5:37	14:44	5:20	7:53	4:13
				1:17:00	1:19:41	1:20:03										
				1:59	2:41	0:22										
3	150	Esther Sánchez Sáez Zaragoza IBON ZARA	1:21:08	7:19	15:11	19:01	26:31	32:18	35:12	38:04	43:38	54:33	1:00:09	1:04:38	1:13:43	1:17:03
				7:19	7:52	3:50	7:30	5:47	2:54	2:52	5:34	10:55	5:36	4:29	9:05	3:20
				1:18:48	1:20:48	1:21:08										
				1:45	2:00	0:20										
4	16	Alicia Berrocal Parie Madrid COLMENAR	1:24:09	6:54	10:30	15:27	25:02	29:28	32:46	35:27	41:21	47:46	1:01:43	1:06:58	1:14:54	1:19:08
				6:54	3:36	4:57	9:35	4:26	3:18	2:41	5:54	6:25	13:57	5:15	7:56	4:14
				1:21:03	1:23:45	1:24:09										
				1:55	2:42	0:24										

os	rsal	Nombre	Tiempo													
OPEN AMA Pie (17)				2,7 km 65 m			14 C			<i>(cont.)</i>						
				1(90)	2(51)	3(54)	4(55)	5(56)	6(86)	7(87)	8(75)	9(59)	10(53)	11(52)	12(50)	13(89)
				14(100)	Meta											
9	48	Claudia Calvo GRAN	1:41:52	6:29	10:59	13:52	17:00	22:09	26:28	42:39	1:07:14	1:12:14	1:18:13	1:22:15	1:35:33	1:37:58
				6:29	4:30	2:53	3:08	5:09	4:19	16:11	24:35	5:00	5:59	4:02	13:18	2:25
				1:41:07	1:41:52		1:41:08									
				3:09	0:45		*100									
10	49	Alberto Calvo GRANA	1:45:24	6:29	10:32	13:41	16:58	22:29	27:31	43:30	1:07:23	1:13:46	1:18:31	1:22:32	1:36:21	1:40:07
				6:29	4:03	3:09	3:17	5:31	5:02	15:59	23:53	6:23	4:45	4:01	13:49	3:46
				1:44:40	1:45:24		1:44:42									
				4:33	0:44		*100									
11	35	Begoña Granados O	1:45:29	6:28	11:08	13:53	16:59	22:21	27:10	42:34	1:06:54	1:12:46	1:18:14	1:22:37	1:36:13	1:40:11
				6:28	4:40	2:45	3:06	5:22	4:49	15:24	24:20	5:52	5:28	4:23	13:36	3:58
				1:44:45	1:45:29		1:44:46									
				4:34	0:44		*100									
292	Inés Jiménez Casco	r en tarj. Madrid GOCAN		6:20	10:17	11:52	14:31	17:59	22:14	32:11	43:49	-----	52:41	58:27	-----	-----
				6:20	3:57	1:35	2:39	3:28	4:15	9:57	11:38		8:52	5:46		
				-----	1:09:31											
					11:04											
291	Sara Jiménez Casco	r en tarj.		3:32	7:17	13:21	15:39	19:30	23:57	33:48	40:35	51:29	55:19	59:51	-----	-----
				3:32	3:45	6:04	2:18	3:51	4:27	9:51	6:47	10:54	3:50	4:32		
				-----	1:11:03											
					11:12											
185	Adrián Rodríguez J	bandona		33:47	48:28	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				33:47	14:41											
				-----			12:58	19:51	28:38							
							*50	*89	*89							
23	BRUNO LIMA SILVA	No sale														
127	Jaime Micó García	No sale														
154	Ines Sánchez Gomez	No sale														
		Cuenca ORIENTIJOT														
OPEN NAR Pie (16)				3,2 km 85 m			16 C									
				1(90)	2(51)	3(54)	4(55)	5(56)	6(64)	7(86)	8(73)	9(87)	10(75)	11(59)	12(57)	13(61)
				14(53)	15(89)	16(100)	Meta									
1	11	Antonio Blasco Nava	38:48	2:28	4:52	6:23	8:16	10:10	12:18	14:52	18:27	20:16	21:58	23:53	28:09	30:47
				2:28	2:24	1:31	1:53	1:54	2:08	2:34	3:35	1:49	1:42	1:55	4:16	2:38
				34:17	37:03	38:25	38:48									
				3:30	2:46	1:22	0:23									
2	12	Lidia Abad Escriban	38:52	2:23	4:57	6:24	8:15	10:12	12:31	14:57	18:27	20:17	21:59	23:57	28:10	30:53
				2:23	2:34	1:27	1:51	1:57	2:19	2:26	3:30	1:50	1:42	1:58	4:13	2:43
				34:25	37:04	38:24	38:52									
				3:32	2:39	1:20	0:28									
3	176	Jesús Alba Párraga	41:25	2:05	4:01	5:10	6:32	9:41	13:32	16:15	20:08	21:55	24:01	25:59	30:42	33:07
				2:05	1:56	1:09	1:22	3:09	3:51	2:43	3:53	1:47	2:06	1:58	4:43	2:25
				34:43	40:22	41:13	41:25									
				1:36	5:39	0:51	0:12									
4	121	JAIME LOZANO CUE	49:28	1:42	3:48	5:02	6:51	9:03	11:59	16:28	20:46	23:03	26:16	30:57	36:19	39:37
		Toledo TOLEDO-O		1:42	2:06	1:14	1:49	2:12	2:56	4:29	4:18	2:17	3:13	4:41	5:22	3:18
				42:00	47:21	49:15	49:28									
				2:23	5:21	1:54	0:13									
5	192	Mª Belén Martín-Serr	57:01	3:29	7:10	9:06	11:00	13:21	18:52	24:37	29:16	32:10	34:46	37:57	44:04	47:44
		Toledo TOLEDO-O		3:29	3:41	1:56	1:54	2:21	5:31	5:45	4:39	2:54	2:36	3:11	6:07	3:40
				50:45	54:46	56:45	57:01									
				3:01	4:01	1:59	0:16									
6	65	Adriana Fustes Valle	1:03:13	3:17	6:28	8:12	9:55	12:11	19:02	24:01	30:16	32:25	38:23	41:49	48:59	52:26
				3:17	3:11	1:44	1:43	2:16	6:51	4:59	6:15	2:09	5:58	3:26	7:10	3:27
				55:09	59:55	1:02:59	1:03:13									
				2:43	4:46	3:04	0:14									
7	303	David Sánchez Ávila	1:19:39	3:36	4:50	5:57	7:19	11:38	16:57	19:15	23:00	24:31	39:05	40:53	1:09:47	1:11:54
				3:36	1:14	1:07	1:22	4:19	5:19	2:18	3:45	1:31	14:34	1:48	28:54	2:07
				1:13:26	1:17:28	1:18:52	1:19:39		1:15:56							
				1:32	4:02	1:24	0:47		*91							
8	235	Maria Isabel Doming	1:33:28	7:33	13:53	17:14	19:53	23:24	36:01	40:59	48:36	51:42	56:08	1:00:38	1:09:22	1:16:45
				7:33	6:20	3:21	2:39	3:31	12:37	4:58	7:37	3:06	4:26	4:30	8:44	7:23
				1:24:16	1:30:03	1:32:55	1:33:28									
				7:31	5:47	2:52	0:33									
9	124	José Manuel Nuñez	1:48:42	22:59	27:25	28:24	29:58	42:18	45:40	49:40	57:47	59:15	1:02:05	1:04:28	1:36:06	1:39:21
				22:59	4:26	0:59	1:34	12:20	3:22	4:00	8:07	1:28	2:50	2:23	31:38	3:15
				1:41:37	1:46:09	1:48:23	1:48:42									
				2:16	4:32	2:14	0:19									
10	221	Jesus Pascual Gome	2:08:48	9:18	21:39	24:15	27:02	30:36	59:55	1:04:27	1:11:12	1:13:42	1:24:29	1:28:51	1:41:33	1:52:59
				9:18	12:21	2:36	2:47	3:34	29:19	4:32	6:45	2:30	10:47	4:22	12:42	11:26
				1:58:06	2:06:06	2:07:39	2:08:48		2:07:57							
				5:07	8:00	1:33	1:09		*100							

os	rsal	Nombre	Tiempo													
OPEN NAR Pie (16)				3,2 km 85 m		16 C		<i>(cont.)</i>								
				1(90)	2(51)	3(54)	4(55)	5(56)	6(64)	7(86)	8(73)	9(87)	10(75)	11(59)	12(57)	13(61)
				14(53)	15(89)	16(100)	Meta									
		43 María del Rocío Alcal r en tarj.	47:18	4:31	8:16	11:23	32:08	36:36	41:48	1:45:53	1:53:17	1:56:51	2:01:19	2:11:04	2:28:38	----
				4:31	3:45	3:07	20:45	4:28	5:12	1:04:05	7:24	3:34	4:28	9:45	17:34	
				2:41:03	2:46:33	2:49:33	2:50:07		2:16:29							
				12:25	5:30	3:00	0:34		*61							
		201 Cristina Rivera Berm bandona	59:44	8:40	26:21	29:55	33:48	41:01	1:04:18	1:09:36	-----	-----	-----	-----	-----	-----
				8:40	17:41	3:34	3:53	7:13	23:17	5:18						
				-----	-----	-----	2:15:50									
							1:06:14									
		255 Carolina Martos Oter bandona	59:44	3:42	7:42	11:14	13:49	53:08	1:04:07	1:11:33	1:20:58	1:24:43	1:29:44	-----	-----	-----
				3:42	4:00	3:32	2:35	39:19	10:59	7:26	9:25	3:45	5:01			
				-----	-----	-----										
		58 JOSE MIGUEL MUÑO Madrid RUMBO MAD	No sale													
		59 Celia Sánchez Arand Madrid RUMBO MAD	No sale													
		3 Jaime Martinez Ram	No sale													
OPEN ROJ Pie (34)				5,2 km 145 m		18 C										
				1(60)	2(62)	3(56)	4(67)	5(68)	6(73)	7(74)	8(76)	9(70)	10(69)	11(71)	12(85)	13(64)
				14(61)	15(52)	16(83)	17(50)	18(100)	Meta							
		1 10 Antonio Perez Roble	47:18	3:31	6:37	8:00	12:50	13:58	19:07	22:06	23:41	25:58	26:48	29:51	33:28	36:13
				3:31	3:06	1:23	4:50	1:08	5:09	2:59	1:35	2:17	0:50	3:03	3:37	2:45
				40:34	42:05	44:07	45:11	47:06	47:18							
				4:21	1:31	2:02	1:04	1:55	0:12							
		2 13 Jose Antonio Mocho	50:00	3:55	5:52	7:25	12:24	13:52	17:45	21:29	22:53	25:02	25:53	29:05	32:39	38:24
				3:55	1:57	1:33	4:59	1:28	3:53	3:44	1:24	2:09	0:51	3:12	3:34	5:45
				43:02	44:29	46:17	47:26	49:46	50:00							
				4:38	1:27	1:48	1:09	2:20	0:14							
		3 33 Daniel Gil García	59:44	4:01	7:38	9:10	16:02	17:32	21:42	25:43	27:29	30:01	30:54	34:11	44:49	47:03
				4:01	3:37	1:32	6:52	1:30	4:10	4:01	1:46	2:32	0:53	3:17	10:38	2:14
				52:15	53:46	56:13	57:34	59:32	59:44							
				5:12	1:31	2:27	1:21	1:58	0:12							
		4 147 Iryna Beketova Grida	1:04:32	5:28	8:28	10:36	16:01	18:05	22:54	27:58	30:44	34:14	35:38	39:37	45:02	48:25
				5:28	3:00	2:08	5:25	2:04	4:49	5:04	2:46	3:30	1:24	3:59	5:25	3:23
				54:31	57:07	1:00:03	1:01:43	1:04:15	1:04:32							
				6:06	2:36	2:56	1:40	2:32	0:17							
		5 132 Adolfo Florido Alvar	1:05:38	7:22	10:17	12:15	21:24	22:53	27:25	31:40	33:39	36:02	37:13	40:59	46:51	50:43
				7:22	2:55	1:58	9:09	1:29	4:32	4:15	1:59	2:23	1:11	3:46	5:52	3:52
				57:13	59:11	1:01:58	1:03:15	1:05:23	1:05:38							
				6:30	1:58	2:47	1:17	2:08	0:15							
		6 103 David Sierra Pérez	1:12:55	13:59	20:50	22:45	28:35	29:44	35:19	40:51	42:46	45:24	46:32	50:20	55:09	58:55
				13:59	6:51	1:55	5:50	1:09	5:35	5:32	1:55	2:38	1:08	3:48	4:49	3:46
				1:04:47	1:06:36	1:09:04	1:10:38	1:12:40	1:12:55							
				5:52	1:49	2:28	1:34	2:02	0:15							
		7 88 Francisco José Nog	1:13:21	4:04	12:19	13:53	19:42	20:47	32:09	36:06	38:40	42:10	43:25	47:18	53:24	57:24
				4:04	8:15	1:34	5:49	1:05	11:22	3:57	2:34	3:30	1:15	3:53	6:06	4:00
				1:03:41	1:06:03	1:10:24	1:11:28	1:13:08	1:13:21							
				6:17	2:22	4:21	1:04	1:40	0:13							
		8 258 Jesus Roberto Herre	1:14:47	6:40	9:49	12:50	26:45	27:38	32:37	37:43	39:32	42:45	44:08	49:07	54:28	58:47
				6:40	3:09	3:01	13:55	0:53	4:59	5:06	1:49	3:13	1:23	4:59	5:21	4:19
				1:06:40	1:08:36	1:11:00	1:12:14	1:14:32	1:14:47							
				7:53	1:56	2:24	1:14	2:18	0:15							
		9 195 Roberto Muñoz Pavó	1:16:46	3:39	5:45	16:02	22:07	23:34	40:48	44:38	47:56	51:23	52:24	55:34	59:58	1:03:23
				3:39	2:06	10:17	6:05	1:27	17:14	3:50	3:18	3:27	1:01	3:10	4:24	3:25
				1:09:09	1:10:55	1:13:13	1:14:41	1:16:33	1:16:46							
				5:46	1:46	2:18	1:28	1:52	0:13							
		10 302 Carlos Núñez Fernan	1:17:22	4:06	6:18	8:00	14:42	15:47	19:57	22:58	45:34	47:59	48:56	51:27	1:04:02	1:06:28
				4:06	2:12	1:42	6:42	1:05	4:10	3:01	22:36	2:25	0:57	2:31	12:35	2:26
				1:10:55	1:12:23	1:14:10	1:15:14	1:17:00	1:17:22							
				4:27	1:28	1:47	1:04	1:46	0:22							
		11 227 Jaime Miguel Riesco	1:17:45	4:49	18:06	19:47	24:33	26:15	35:22	38:58	40:38	42:42	43:53	46:55	56:58	1:03:03
				4:49	13:17	1:41	4:46	1:42	9:07	3:36	1:40	2:04	1:11	3:02	10:03	6:05
				1:08:02	1:12:13	1:14:08	1:15:33	1:17:29	1:17:45							
				4:59	4:11	1:55	1:25	1:56	0:16							
		12 289 Silvia Fernández Izq Madrid ESCONDITE-	1:21:15	10:18	14:25	16:48	23:28	26:20	31:54	38:46	41:10	44:29	45:44	49:50	1:00:05	1:04:59
				10:18	4:07	2:23	6:40	2:52	5:34	6:52	2:24	3:19	1:15	4:06	10:15	4:54
				1:11:36	1:13:53	1:16:49	1:18:13	1:20:57	1:21:15							
				6:37	2:17	2:56	1:24	2:44	0:18							
		13 202 Hodei Núñez Díaz de	1:22:20	5:32	8:03	9:56	30:05	31:15	36:35	42:06	44:05	46:46	48:03	52:25	1:02:06	1:06:36
				5:32	2:31	1:53	20:09	1:10	5:20	5:31	1:59	2:41	1:17	4:22	9:41	4:30
				1:14:06	1:16:33	1:18:47	1:20:05	1:22:05	1:22:20							
				7:30	2:27	2:14	1:18	2:00	0:15							

os	rsal	Nombre	Tiempo													
OPEN ROJ Pie (34)				5,2 km 145 m			18 C		(cont.)							
				1(60)	2(62)	3(56)	4(67)	5(68)	6(73)	7(74)	8(76)	9(70)	10(69)	11(71)	12(85)	13(64)
				14(61)	15(52)	16(83)	17(50)	18(100)	Meta							
14	203	David Cuadrado Cas	1:24:11	7:15	26:39	28:26	34:59	36:34	40:15	43:58	48:21	52:36	53:37	57:02	1:01:24	1:07:57
				7:15	19:24	1:47	6:33	1:35	3:41	3:43	4:23	4:15	1:01	3:25	4:22	6:33
				1:13:32	1:18:35	1:20:11	1:21:42	1:23:54	1:24:11							
				5:35	5:03	1:36	1:31	2:12	0:17							
15	41	Olga Barceló Guido	1:26:56	5:44	17:51	20:37	32:37	35:22	40:32	46:22	48:50	52:24	53:40	58:48	1:04:17	1:09:30
				5:44	12:07	2:46	12:00	2:45	5:10	5:50	2:28	3:34	1:16	5:08	5:29	5:13
				1:16:38	1:19:16	1:22:04	1:23:55	1:26:38	1:26:56							
				7:08	2:38	2:48	1:51	2:43	0:18							
16	86	Andrés Rivero Sánch	1:30:54	6:01	14:30	18:06	27:26	28:58	34:51	41:19	43:43	48:52	50:14	54:34	1:01:46	1:08:43
				6:01	8:29	3:36	9:20	1:32	5:53	6:28	2:24	5:09	1:22	4:20	7:12	6:57
				1:20:27	1:23:15	1:26:05	1:27:38	1:30:37	1:30:54							
				11:44	2:48	2:50	1:33	2:59	0:17							
17	243	Mª Victoria Zafra Lóp Madrid YELMO-O	1:35:23	7:23	11:21	13:56	25:50	27:36	37:49	43:40	46:14	50:04	53:33	59:02	1:07:58	1:14:21
				7:23	3:58	2:35	11:54	1:46	10:13	5:51	2:34	3:50	3:29	5:29	8:56	6:23
				1:23:48	1:26:45	1:30:11	1:32:14	1:35:07	1:35:23							
				9:27	2:57	3:26	2:03	2:53	0:16							
18	156	Mª Elena Campano C	1:38:31	5:53	18:07	23:12	32:06	34:07	47:07	55:08	57:16	1:01:22	1:02:33	1:07:15	1:15:19	1:20:00
				5:53	12:14	5:05	8:54	2:01	13:00	8:01	2:08	4:06	1:11	4:42	8:04	4:41
				1:28:03	1:30:26	1:33:18	1:35:54	1:38:14	1:38:31							
				8:03	2:23	2:52	2:36	2:20	0:17							
19	249	Marcos Barreiro Oter	1:40:38	6:50	11:28	13:44	22:09	24:45	29:07	38:30	39:49	42:18	52:39	56:40	1:14:23	1:17:59
				6:50	4:38	2:16	8:25	2:36	4:22	9:23	1:19	2:29	10:21	4:01	17:43	3:36
				1:28:38	1:30:58	1:36:52	1:37:52	1:40:22	1:40:38							
				10:39	2:20	5:54	1:00	2:30	0:16							
20	270	Alberto Herrero Ávila	1:41:52	7:36	11:55	15:44	39:34	40:31	47:14	53:08	55:16	59:54	1:02:13	1:07:35	1:16:21	1:24:56
				7:36	4:19	3:49	23:50	0:57	6:43	5:54	2:08	4:38	2:19	5:22	8:46	8:35
				1:31:03	1:33:02	1:35:36	1:37:23	1:41:34	1:41:52							
				6:07	1:59	2:34	1:47	4:11	0:18							
21	66	sandra valle rubio	1:43:22	17:15	21:07	23:41	40:54	41:59	49:16	54:28	58:52	1:02:49	1:05:36	1:09:59	1:20:04	1:25:42
				17:15	3:52	2:34	17:13	1:05	7:17	5:12	4:24	3:57	2:47	4:23	10:05	5:38
				1:34:09	1:37:05	1:39:46	1:41:04	1:42:57	1:43:22							
				8:27	2:56	2:41	1:18	1:53	0:25							
22	89	Amaya Guerrero Gam	2:23:38	14:29	18:18	22:03	50:18	52:26	59:23	1:05:39	1:08:03	1:11:45	1:13:14	1:19:11	1:38:01	1:44:19
				14:29	3:49	3:45	28:15	2:08	6:57	6:16	2:24	3:42	1:29	5:57	18:50	6:18
				1:59:55	2:11:27	2:16:41	2:18:50	2:23:06	2:23:38							
				15:36	11:32	5:14	2:09	4:16	0:32							
181		Gustaf Horn Af Amin r en tarj.		4:29	7:01	8:51	13:05	14:50	19:44	23:28	25:13	27:40	28:29	31:31	43:15	46:54
				4:29	2:32	1:50	4:14	1:45	4:54	3:44	1:45	2:27	0:49	3:02	11:44	3:39
				51:34	53:04	----	----	57:51	58:08							
				4:40	1:30	----	----	4:47	0:17							
229		Diego Fernández Ga r en tarj.		----	24:07	25:11	30:10	31:44	36:55	42:24	44:15	45:49	46:45	49:47	59:35	1:02:22
				----	24:07	1:04	4:59	1:34	5:11	5:29	1:51	1:34	0:56	3:02	9:48	2:47
				1:08:08	1:09:44	1:11:49	1:12:59	1:15:15	1:15:33							
				5:46	1:36	2:05	1:10	2:16	0:18							
7		Salud Alvarez Rodri r en tarj.		27:47	----	----	----	----	52:43	57:46	----	1:20:24	1:22:14	----	1:36:24	----
				27:47	----	----	----	----	24:56	5:03	----	22:38	1:50	----	14:10	----
				1:52:39	1:58:15	2:01:27	2:04:20	2:08:15	2:08:50							
				16:15	5:36	3:12	2:53	3:55	0:35							
21		Inés Morcillo Gonzál r en tarj.		14:34	34:09	39:29	1:00:09	----	1:15:48	1:27:44	1:34:50	1:42:20	1:46:57	1:54:21	2:20:30	2:28:49
				14:34	19:35	5:20	20:40	----	15:39	11:56	7:06	7:30	4:37	7:24	26:09	8:19
				2:50:17	2:56:29	3:01:17	3:04:12	3:09:57	3:10:54							
				21:28	6:12	4:48	2:55	5:45	0:57							
44		Carlos Beltran Pard bandona Madrid COLMENAR		16:42	19:38	21:18	30:28	31:45	37:18	40:58	42:30	44:41	45:47	50:23	----	----
				16:42	2:56	1:40	9:10	1:17	5:33	3:40	1:32	2:11	1:06	4:36	----	----
				----	----	----	----	1:10:23	1:10:46							
				39:38	58:45	1:03:05	1:18:10	1:22:25	1:32:29							
				39:38	19:07	4:20	15:05	4:15	10:04							
				----	----	----	1:51:46	1:55:43	1:56:14							
				39:37	58:32	1:03:08	1:19:17	1:23:04	1:32:24							
				39:37	18:55	4:36	16:09	3:47	9:20							
				----	----	----	1:51:50	1:55:40	1:56:19							
				18:47	21:26	24:50	28:28	29:18	32:09	34:50	36:04	37:44	38:47	45:52	49:04	51:23
nc	114	Jesús Pablos Ramíre Madrid O-GETAFE	1:00:31	18:47	2:39	3:24	3:38	0:50	2:51	2:41	1:14	1:40	1:03	7:05	3:12	2:19
				55:10	56:24	57:50	58:41	1:00:16	1:00:31							
				3:47	1:14	1:26	0:51	1:35	0:15							
248		Daniel Alonso Cresp	No sale													
6		Rocio del Junco Jur	No sale													
63		José Manuel García	No sale													
45		Marina Monzon Chav Madrid COLMENAR	No sale													

os	rsal	Nombre	Tiempo	3,6 km 135 m			15 C									
				1(53) 14(89)	2(61) 15(100)	3(57) Meta	4(75)	5(92)	6(72)	7(71)	8(84)	9(85)	10(64)	11(56)	12(52)	13(83)
F-21B O-Pie (9)																
1	213	Alicia García García Madrid C.D.C.E.B.E.	50:10	5:17 5:17 48:02	7:24 2:07 49:49	10:55 3:31 50:10	15:31 4:36	18:59 3:28	21:23 2:24	23:09 1:46	26:53 3:44	30:54 4:01	34:41 3:47	37:49 3:08	42:10 4:21	46:48 4:38
2	14	Mª Elena Velázquez Madrid YELMO-O	1:07:23	8:18 8:18 1:05:59	10:25 2:07 1:07:08	13:43 3:18 1:07:23	17:07 3:24	24:00 6:53	25:19 1:19	27:14 1:55	33:43 6:29	44:31 10:48	47:34 3:03	53:14 5:40	59:26 6:12	1:01:58 2:32
3	215	Laura Sanchez Tinaj Castellón SIMEPIER	1:14:29	6:21 6:21 1:12:07	11:29 5:08 1:14:11	16:06 4:37 1:14:29	23:20 7:14	28:30 5:10	31:13 2:43	33:58 2:45	44:12 10:14	50:42 6:30	55:42 5:00	1:00:13 4:31	1:06:23 6:10	1:10:22 3:59
4	135	Azucena García Muñ Granada VELETA	1:14:46	4:49 4:49 1:12:26	7:28 2:39 1:14:28	10:16 2:48 1:14:46	16:02 5:46	20:12 4:10	27:10 6:58	29:25 2:15	33:17 3:52	38:22 5:05	53:05 14:43	58:00 4:55	1:06:30 8:30	1:10:22 3:52
5	163	Nuria Mota Rentero Madrid GOCAN	1:22:02	8:23 8:23 1:19:59	11:09 2:46 1:21:49	16:44 5:35 1:22:02	21:36 4:52	31:16 9:40	36:00 4:44	38:17 2:17	42:46 4:29	48:30 5:44	55:10 6:40	1:08:28 13:18	1:15:07 6:39	1:18:24 3:17
6	233	Victoria Franco Sáez Badajoz BASE DON	1:29:06	4:58 4:58 1:27:28	18:08 13:10 1:28:51	19:40 1:32 1:29:06	24:42 5:02	31:11 6:29	33:32 2:21	35:34 2:02	42:42 7:08	49:43 7:01	56:38 6:55	1:06:04 9:26	1:14:08 8:04	1:17:39 3:31
7	131	Elena Prado Da Cruz Madrid GOCAN	2:33:49	10:21 10:21 2:29:54	13:56 3:35 2:33:26	24:47 10:51 2:33:49	31:28 6:41	1:33:02 1:01:34	1:37:08 4:06	1:39:51 2:43	1:46:41 6:50	1:51:21 4:40	1:57:13 5:52	2:13:23 16:10	2:23:03 9:40	2:28:01 4:58
8	145	Paloma Tejera Nevad Madrid O-CHARLIES	2:41:51	12:27 12:27 2:37:46	17:02 4:35 2:41:25	22:36 5:34 2:41:51	29:17 6:41	1:17:52 48:35	1:28:01 10:09	1:30:47 2:46	1:37:31 6:44	1:43:34 6:03	2:06:44 23:10	2:18:47 12:03	2:30:26 11:39	2:35:39 5:13
	281	Cristina Fernández Madrid MONTE_EL_P	No sale													
M-21B O-Pie (6)																
				1(60) 14(61)	2(62) 15(52)	3(56) 16(83)	4(67) 17(50)	5(68) 18(100)	6(73) Meta	7(74)	8(76)	9(70)	10(69)	11(71)	12(85)	13(64)
1	104	Fernando Domingo Madrid RUMBO MAD	58:38	4:38 4:38 51:28	12:15 7:37 53:16	14:01 1:46 55:30	19:50 5:49 56:31	21:10 1:20 58:22	25:25 4:15 58:38	29:09 3:44	30:57 1:48	33:19 2:22	34:26 1:07	37:45 3:19	43:10 5:25	46:12 3:02
2	208	DANIEL CARTAS MO Toledo TOLEDO-O	1:00:42	5:57 5:57 52:08	8:53 2:56 54:06	10:40 1:47 56:45	18:40 8:00 58:11	19:33 0:53 1:00:31	23:42 4:09 1:00:42	27:47 4:05	29:57 2:10	32:27 2:30	34:17 1:50	37:43 3:26	41:53 4:10	46:08 4:15
3	239	daniel alberto Martín Toledo NAVALCAN-O	1:09:28	8:05 8:05 1:02:27	15:03 6:58 1:03:52	16:32 1:29 1:05:58	25:17 8:45 1:07:14	26:08 0:51 1:09:16	31:16 5:08 1:09:28	36:17 5:01	38:10 1:53	40:29 2:19	41:37 1:08	45:28 3:51	50:37 5:09	54:36 3:59
4	151	Jose Felix Gomez Va Madrid GOCAN	1:14:57	6:32 6:32 1:01:32	11:30 4:58 1:05:17	13:50 2:20 1:09:16	20:53 7:03 1:10:38	23:08 2:15 1:14:34	28:45 5:37 1:14:57	33:59 5:14	36:04 2:05	39:07 3:03	40:26 1:19	44:36 4:10	50:18 5:42	54:30 4:12
5	62	Miguel Castellanos Madrid O-GETAFE	1:31:08	7:02 22:16 22:16 1:23:09	3:45 24:03 1:47 1:24:26	3:59 34:20 10:17 1:26:26	1:22 38:44 4:24 1:27:23	3:56 39:36 0:52 1:28:57	42:56 46:08 3:20 1:31:08	46:08 1:04:32	1:08:30 1:08:30	1:09:42 1:09:42	1:12:26 1:12	1:15:51 2:44	1:18:51 3:25	1:18:51 3:00
	241	Jesús del Río de San Madrid O-GETAFE	No sale													
M-65 O-Pie (2)																
				1(53) 14(89)	2(61) 15(100)	3(57) Meta	4(75)	5(92)	6(72)	7(71)	8(84)	9(85)	10(64)	11(56)	12(52)	13(83)
1	284	Moisés Zafra Zafra Madrid MONTE_EL_P	1:00:58	4:44 4:44 59:01	7:07 2:23 1:00:45	9:36 2:29 1:00:58	15:52 6:16	19:43 3:51	23:23 3:40	25:27 2:04	30:09 4:42	39:24 9:15	43:42 4:18	48:19 4:37	54:42 6:23	57:47 3:05
2	64	Francisco Martínez P Madrid O-CHARLIES	1:39:06	12:20 12:20 1:36:36	14:30 2:10 1:38:48	16:57 2:27 1:39:06	21:31 4:34	33:26 11:55	53:52 20:26	56:03 2:11	1:00:20 4:17	1:04:15 3:55	1:10:01 5:46	1:26:38 16:37	1:32:38 6:00	1:35:17 2:39